

Guiding Light

Total Technicians Athlete Training Corporation

PREMIERE ISSUE

A Quarterly
Newsletter
May 2009, Issue 1



Alritta Sanders is Founder and CEO of Total Technicians Athlete Training, based in Long Beach and serves five counties in Southern California. Alritta has a Degree in Theatre and Business at

Grand Valley State University, Allendale Michigan. She brings years of experience working in Aerospace as a Certified Training Administrator with Raytheon Learning Institute. She has worked eight years with the City of Long Beach in Workforce Development assisting adults and youth with barriers to employment and education. She worked as a Certified Trainer for staff and clients through Job Training Partnership Act (J.T.P.A.)/Workforce Investment Act ;(W.I.A.) and Job Training Partnership Division-E.D.D. Also she has

Certification of Psychological Awareness, Personal Development. A dynamic and creative visionary leader and Motivational Public Speaker. Qualified 501© (3) Consultant & Writer.

Alritta is dedicated to helping young people reach their goals in education, careers planning, character development, and in attaining success and greatness in their lives for the future.

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Reaching Out, Helping One Another

In December, 2008 through donations and philanthropy we were able to offer an essay contest and the winner won a prize of \$100.00. Because of donations to assist us in this particular activity we

met a young lady who needed family assistance. The winner informed us about a family member (Jasmine) who was experiencing difficulties due to the loss of her mother and she was

having a hard time trying to focused on her school work and graduation. Through this referral we were able to provide our *Wraparound* services to assist Jasmine and her family over a course of several months.

We are happy to announce, in March of 2009, Jasmine called and updated our organization that not only did she graduate, but also she has enrolled as a full time student at a local community college. Applied for her driver's license and she is working part time at a local retail store.

ESSAY CONTEST

Enter our next essay contest and win \$100. Minimum 250 words. Tell us how violence has affected you at school or in your neighborhood. Entry date is June 30, 2009.

Deadline is July 19, 2009.

Email your essay to:
Asanders@ttatlb.com.



L. B. Family Health Wellness Fair

On April 18, 2009 the Fairfield YMCA along with other partners participated in a wonderful event that took place at Scherer Park.

Free games, face painting, health people. Information/resources and learning how to do yoga were some of the activities. What a great turnout and we met wonderful and passionate people. To our delight we were asked to serve as a board member with the Anaheim Street Community Police Center. Also as a result this opened up further opportunities for students to sign

up for our summer enrollment program.

“Children don’t care how much you know, they only know how much you care.” Quote – Jeffery Melton



L. B. Unity Festival

This year T.T.A.T. will participated along with other community partners in the L.B. Unity Festival 2009. Through this medium T.T.A.T. will bring awareness of our program which serve youth and families in Long Beach.

Utilization of our tools and resources will be amplified through community resources and collaboration with a number of other organizations to help those who are disenfranchised and others who may not be accounted for in the general census. The event will take place:

Where: Rainbow Lagoon Park

When: May 30, 2009

Time: 9:00 am – 7:00 pm



The best gifts parents can give to their child are Roots and Wings.
-Chinese Proverb



TTATBEE QUESTION

THE NOW EXTINCT DODO BIRD WAS FOUND ON THE ISLAND OF MAURITIUS. IN WHICH OCEAN IS MAURITIUS? (See answer below)

[CollegeNavigator@http://collegenavigator.ed.gov](http://collegenavigator.ed.gov)

College Navigator is the Department of Education website for information about colleges and universities.

More Tips:

EatRight.org, sponsored by the American Dietetic Assn; offers extensive resources under "Food & Nutrition Information," including tips for weight management (tutorial on whole grains, 25 healthy snacks for kids).

Answer: Indian Ocean.

Total Technicians
Athlete Training

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We're on the Web!

www.ttatlb.com

MISSION

Total Technicians Athlete Training Corporation is a 501 © (3) Non-Profit /Public Charity. Established in 2006, it provides various youth services that extend and are not burdened by traditional programming, but "State of the Art" cognitive education and life skills strategies to empower young people who would never experience the life changing leadership and community involvement for our next generation.

Our mission is to distract the youth's attention from involvement in gang violence or affiliation, illegal use of drugs, uninvolved idle time and any other negative influences.

All contributions are 100% tax deductible...

Programs Offered: Mentoring, After School Tutoring, Nutritional, Business Workshops, and Cultural Enhancement/Field Trips (All programs are individually paced)

Questions/Inquiries regarding programs and donations

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TPA/Director of Programs

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More Resources: Parents

Why College?

As parents and family members, it is our responsibility to give our children a solid foundation from which they can grow and become happy and successful adults. Supporting and encouraging our children throughout their academic careers, while an enormous privilege, can be challenging as well. To help parents and family members, resources are provided in this section of the website to:

- create and strengthen a college-going culture in your home,
- help you support what is going on in your

child's classroom and school,

- Support continuing your own education, if you wish to do so.

The advantages of continuing one's education beyond high school have been long researched and established. Some of those advantages include:

- Intellectual (exposure to exciting new ideas and areas of study)
- Developmental (Developing skills for successfully transitioning to

adulthood and the world of work)

- Financial (Longer job tenure, and more on-the-job opportunities)